



# OhioHealth Tobacco Cessation Program

*OhioHealth is committed to improving the health of those we serve. OhioHealth's Tobacco Cessation Program offers a comprehensive approach to help patients become tobacco free for life. The program is designed to give patients the tools to quit and commit to a healthier lifestyle.*

## Benefits of tobacco cessation for your patients:

- + Reduces risk for heart disease
- + Reduces risk for stroke
- + Reduces risk for cancer
- + Reduces risk for pulmonary diseases such as emphysema
- + Improves quality of life

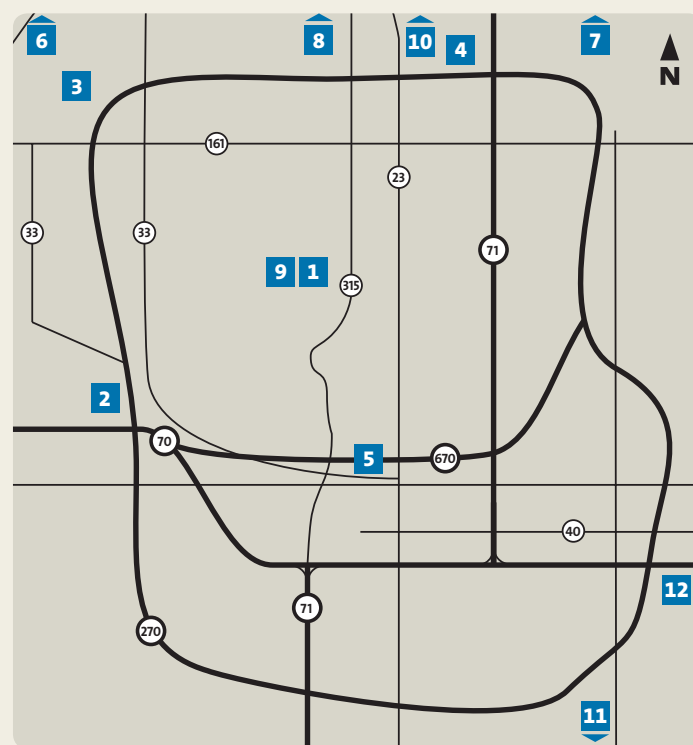
## Our tobacco cessation program offers:

- + Comprehensive plan to stop tobacco use
- + Several free tobacco cessation classes
- + Support and counseling

**LEARN MORE!**

To learn more about our tobacco cessation programs, please contact OhioHealth *CancerCall* Monday through Friday, from 8 a.m. to 5 p.m. at (614) 566.4321 or 1 (800) 752.9119

## Locations



- |   |   |
|---|---|
| 1. OhioHealth Bing Cancer Center        | 7. OhioHealth Mansfield Hospital            |
| 2. OhioHealth Doctors Hospital          | 8. OhioHealth Marion General Hospital       |
| 3. OhioHealth Dublin Methodist Hospital | 9. OhioHealth McConnell Heart Health Center |
| 4. OhioHealth Grady Memorial Hospital   | 10. Morrow County Hospital                  |
| 5. OhioHealth Grant Medical Center      | 11. OhioHealth O'Bleness Hospital           |
| 6. OhioHealth Hardin Memorial Hospital  | 12. OhioHealth Pickerington Medical Campus  |

